



We'd love to see you at any of these events – feel free to join us as we celebrate this special season of Lent. You are always welcome here.

Lent at a glance

Weekend Masses at the usual times:

Saturday at 5:30pm and Sunday at 10:30am

Tues 25 th February	2-4pm	Hall	Free Pancakes For All
Wed 26 th February	10am+7pm	Church	Ash Wednesday Mass
Fri 28 th February	6pm	Church	Stations of the Cross
Sun 1 st March	5pm	Church	Taize service
Wed 4 th March	11:45am	Parish Church	Ecumenical lunch
Fri 6 th March	6pm	Church	Stations of the Cross
Wed 11 th March	11:45am	Methodist	Ecumenical lunch
Fri 13 th March	6pm	Church	Stations of the Cross
Sun 15 th March	11:30am	Church	Children's Stations workshop
Wed 18 th March	11:45am	Primley	Ecumenical lunch
Fri 20 th March	11am	Church	Sick & Housebound Mass
Fri 20 th March	6pm	Church	Stations of the Cross
Wed 25 th March	11:45am	Church	Ecumenical lunch
Fri 27 th March	6pm	Church	Stations of the Cross
Sat 28 th March	10am	Church	Reconciliation Service
Fri 3 rd April	6pm	Church	Stations of the Cross
Sat 4 th April	5:30pm	Church	Holy Week begins

Please turn over for descriptions of these events

Shrove Tuesday

Traditionally the day when people used up their luxury food items of eggs, milk and sugar before starting their Lenten fast, it is a time of feasting and celebration before we turn our thoughts to Lent. All are welcome to come to the hall and share pancakes – bring your friends and neighbours!

Ash Wednesday

Lent begins with the distribution of ashes during Mass. The ashes (made from burning the palms from last year's Palm Sunday) are placed on our foreheads as a sign of our repentance and of our willingness to try to change and become better followers of Christ. Ash Wednesday is a day of fasting (traditionally eating only one main meal and two smaller meals, the sum of which does not exceed the main meal in quantity) and abstinence (refraining from eating meat) for adults under 60 years of age who are not pregnant or suffering from any illness.

Music in Lent

During weekend Masses in Lent there will not be an entrance hymn. We will use the sung response 'O Lord hear my prayer' to the Prayers of the Faithful, and sing a taize-style chant at the offertory.

Taize service

A service of quiet contemplation, gentle repetitive singing, scripture readings and periods of silence.

Stations of the Cross

We spend time meditating on Christ's passion and death by following the journey to His crucifixion as we celebrate the Stations of the Cross. There will be a variety of different presentations of the stations as they will be led by a different group from the church each week, so there's something to appeal to every taste.

Ecumenical lunches

These services are in a different church in Sidmouth each week, but each consists of a short service followed by a frugal lunch. This year's theme will be 'Climate change and the purposes of God: a call to the Church'. Please join us for the wonderful opportunity to come together as one Christian community across the town and journey through Lent together.

Reconciliation service

Central to our Lenten journey is our penitence and reconciliation with God. All are encouraged to attend our service of Reconciliation, where several different priests will be available for confession. (Please note that there are no confessions during the Easter Triduum).